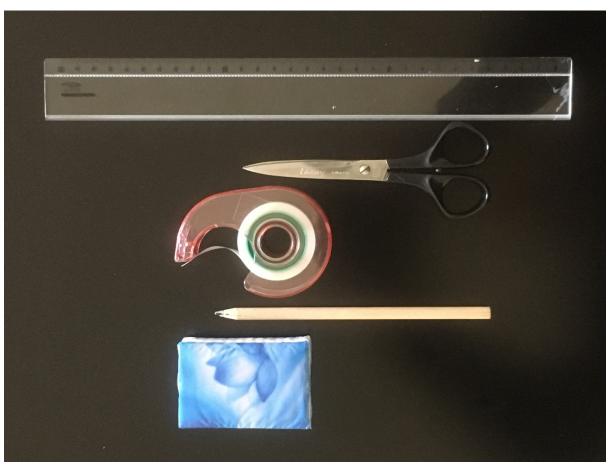
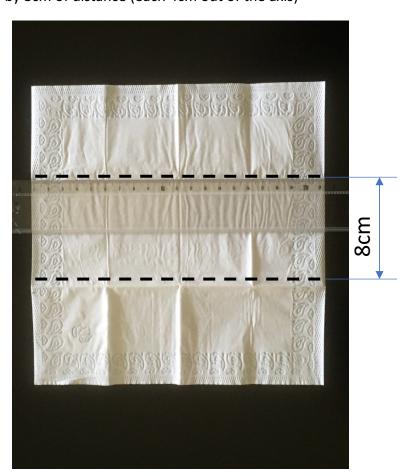
MAKE AND HAVE WITH YOU AT LEAST 3 SUCH MASKS (KEEP THEM IN A SEALED PLASTIC BAG)

1. What you will need:



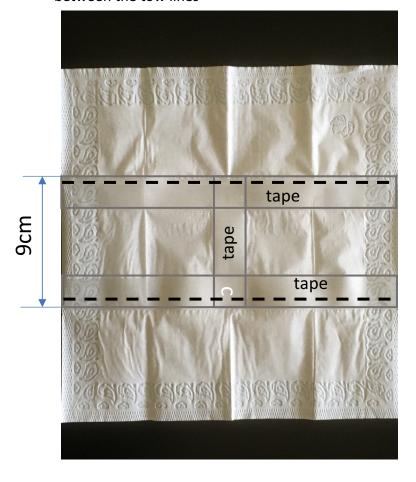
Step 1. Trace:

-put a piece of tissue (20cm x 20cm) on a flat surface -use a pencil and trace two (dashed) folding lines separated by 8cm of distance (each 4cm out of the axis)



Step 2. Put adhesive tape:

-Put the tape along the lines respecting the dimensions -make an « H » letter by putting an additional piece of tape between the tow lines



Step 3. Fold:

-fold the tissue along each dashed line keeping the tape on the outer side. Each tape gets folded on 5mm of its width. -press strongly to make the fold completely flat.



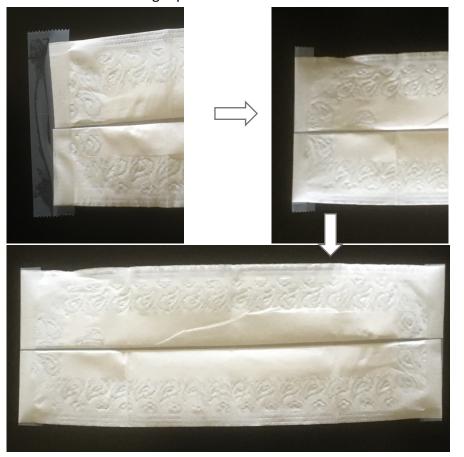
Step 4. Unfold lips:

- -unfold each end back to form lips as shown
- -flatten completely



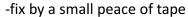
Step 5. Fix:

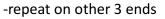
- -fix with a piece of tape (8cm) on each side,
- -fold the tape over the edge
- -repeat on the other edge
- -cut exceeding tape

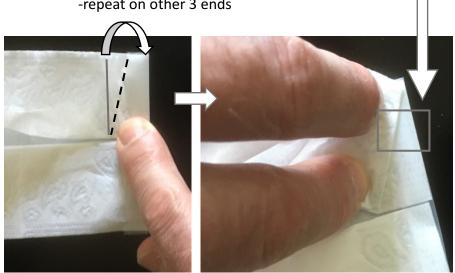


Step 6. Fold 4 ends:

-fold and turn each end as shown







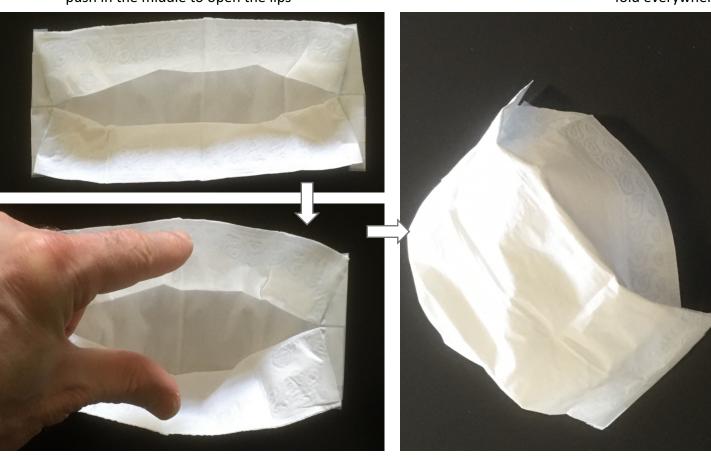


Step 7. Fix and form:

- -fix with a piece of tape (8cm) on each side, fold the tape over the edge
- -repeat on the other edge
- -push in the middle to open the lips

Step 8. Make ties (2 items):

- -cut a 25-27cm long piece of tape
- -fix one end on table and keep the other by fingers
- -fold in some locations
- -fold everywhere but ends





Step 9. Wear, adjust:

- -Fix the ties and angles of the mask
- -wear the mask; shorten the ties if required (fold and fix by a piece of tape)

Step 10. Make a fix for nose (optional):

- -use any soft wire (some are used to fix cables, close bags)
- -cover it with tape
- -fix in the middle of the upper lip
- -wear the mask, fold the wire around the nose, adjust







REPLACE THIS MASK AS SOON AS POSSIBLE BY ANY MASK OF A BETTER PERFORMANCE REPLACE IMMEDIATELY IF WET